

The Toor Family Foundation said Not Today

Thank you to The Toor Family Foundation for investing in the future of youth mental health.

As a Canadian immigrant and entrepreneur, Sukhdev Toor and his wife, Sukhjit, are passionate about giving back to the country that has provided them with so many opportunities. At CAMH, we are incredibly grateful for The Toor Family Foundation's recent donation to NAVIGATE, a coordinated specialty care program within the Slaight Family Centre for Youth in Transition that puts young people experiencing early psychosis on the path to recovery. With this gift, the Toor family also hopes to break down the stigma that prevents people, particularly within the South Asian community, from getting help when they need it.

Through the power of early intervention, NAVIGATE has been creating hope for young patients and their families at CAMH since its launch in 2017. Thanks to the Toor family's generosity, we can expand the comprehensive care provided to youth through targeted treatments, family education programs, resiliency training, and supported employment and education. We still have a long way to go, but with this transformative investment, we're one step closer to a world in which every young Canadian has the opportunity to pursue their dreams.



